## BUILDING HEALTHY AND CULTURALLY VIBRANT COMMUNITIES

Housing Opportunity 2017 September 11, 2017 New Orleans, LA







#### Building Healthy & Culturally Vibrant Communities

#### Monday, September 11 | 4:15 to 5:30 pm

How we plan, build, and redevelop has huge impacts on human health. An emerging set of evidenced-based best practices suggests that building healthier places is doable and scalable, with potentially profound payoffs for lower-income people and places. Learn from a panel of innovators how to make places both healthy and affordable.

- \* Rachel MacCleery, Senior Vice President, Urban Land Institute, Moderator
- Bob Simpson, Vice President, Affordable and Green Financing, Fannie Mae
- Kurt Weigle, President & CEO, Downtown Development District of New Orleans
- \* Roger Heim, Director and the Chief Financial Officer, Vitus Group



# BUILDING HEALTHY PLACES







## **Urban Land Institute**

**Mission:** Provide leadership in the responsible use of land and in creating and sustaining thriving communities worldwide

**Membership:** 40,000 members globally, comprised of real estate industry professionals (developers, design, financial services, public sector)

Convenings | Research | Best Practices | Education



### **ULI Building Healthy Places Initiative**

Leveraging the power of ULI's global networks to shape projects and places in ways that improve the health of people and communities.





#### uli.org/health

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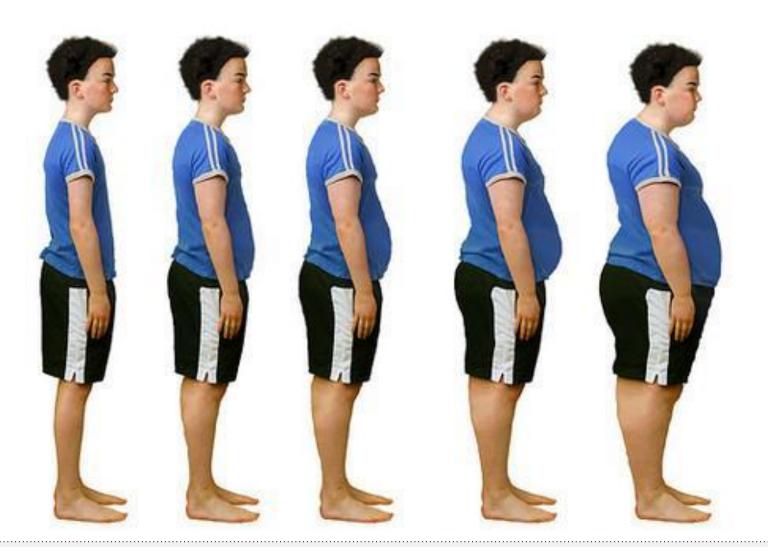
The Building Healthy Places Initiative advances the ULI mission and promotes **healthy**, **thriving communities** by **engaging**, **informing**, **and inspiring** ULI members.

ULI members and all land use professionals can promote health:

- Through their organizations
- Through their investment and project decisions
- Through their influence in communities



#### Why does health matter?









#### The built environment drives health outcomes.



AH LOOK AT ALL THE LONELY PEOPLE

#### BARRIERS TO WALKING, BICYCLING, AND COMMUNITY









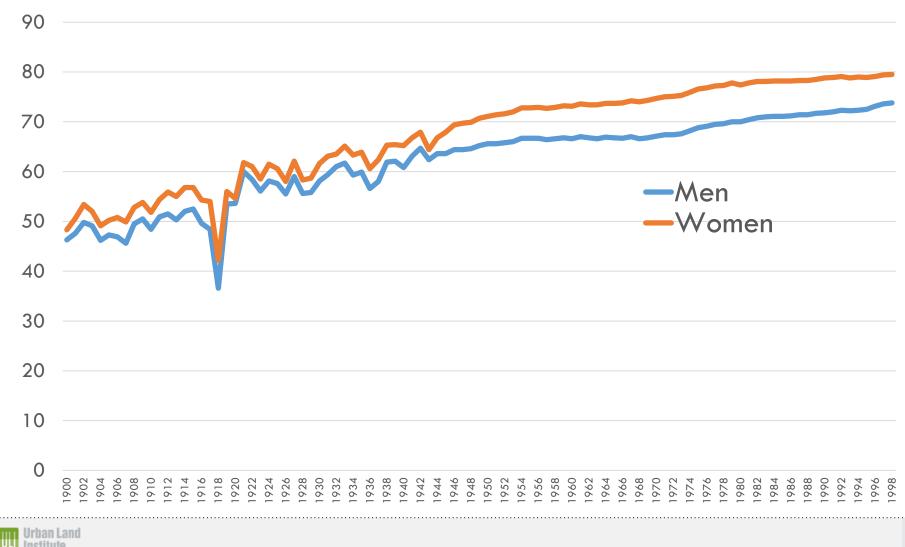
### **Building for Health:** It's Been Done Before



Turn of the century strategies for reducing infectious disease:

- Building regulations
- Wastewater treatment
- Transit
- Parks
- Zoning

#### **U.S. Life Expectancy**



### **Building for Health:** It's What People Want

50%70%Americansmillennialswalkability is important

52% 68% Americans millennials would like to live in where they do not need to use a car very often

#### **61**%

Americans

prefer to have **public transit** available



AMERICA IN 2013 AMERICA IN 2015

### **Building for Health:** We Don't Do It Very Well

#### **25**%

traffic makes it unsafe to walk

48% bike lanes are insufficient

38%

community lacks park space

AMERICA IN 2015

16%

it's not easy to find fresh food



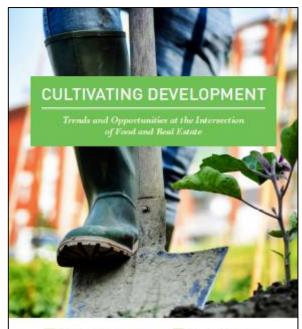


### **LET'S TURN IT AROUND!**

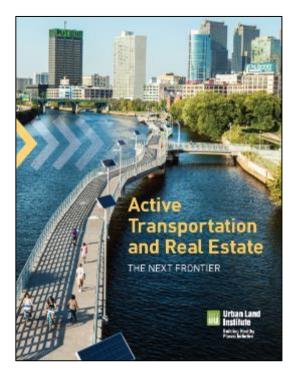
# Let's make health the next big movement in real estate and community building!

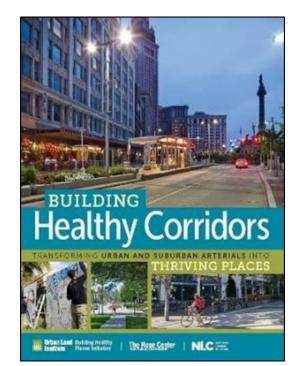


### **ULI Health + Real Estate Resources**



Urhan Land Building Healthy Institute Places Initiative tirinan Land Center for Institute Sustainability





#### uli.org/health



#### PHYSICAL ACTIVITY

#### HEALTHY FOOD AND DRINKING WATER

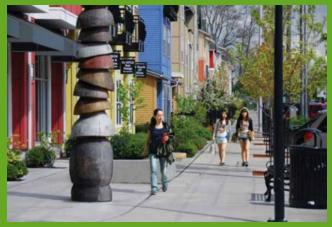
#### HEALTHY ENVIRONMENT AND SOCIAL WELL-BEING

#### ULI Building Healthy Places Toolkit www.uli.org/toolkit



Urban Land Institute

#### **INGREDIENTS FOR HEALTHY AND SUSTAINABLE PLACES**



Compact land use, mixed uses, housing for a mix of incomes



Healthy food and clean air and water



Walkability, bikeability, and transit



Civic spaces, parks, opportunities for social and cultural engagement



### ULI BUILDING HEALTHY PLACES INITIATIVE

Be In Touch!uli.org/healthhealth@uli.org





health@uli.org

uli.org/health



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